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Hackers game parents guide

Welcome to our next Hacker challenge! Every week we make a new challenge. You arrive until Sunday to prepare the presentation and send it to us. This gives you a few days to think about it and a whole weekend to solve it. Our editors choose the best presentations and our favorite will win a copy of the Lifehacker book! Let's start! Hacker Challenge this week: Share your The best of you Hacks by Parenting Parenting is a hard job, it does not deny it. For this week's challenge, we would like to see your best DIY parents hacker—any smart hack you invented to make the job a little easier. Keep in mind that we are really looking for DIY cocks this time around and not just parental advice or advice. We showed you how to recycle old pastels into new forms, turn OpenDNS into a large parental filter, and connect magnets to plastic cups to make it easier for children to track them. Just because they're raw on their crayons doesn't mean your kids have to draw with a little wax. It's your turn. We want to see your best modus operandi. How to send your EntryMake sure to follow these instructions when you send your entry: Send your entry below or send it to challenge@lifehacker.com with the Hacker Challenge object: Parenting. If you post your voice below and need to include more than one image, just respond to your comment or host your extra photos on a free and fast image creation site like I'm gonna start and connect to your gallery. We acceptuntil Sunday night, June 9 at 11:59 pm pacific standard time we will show the best presentations and we will announce our favorite Tuesday June 11th. then, go to work! and don't forget to go back for new challenges every week. the standard gawker competition rules apply, so make sure you check before sending your voice. Please note that we cannot send prizes outside the United States, even if you are invited to present your entrance, no matter where you live. image of Jag_cz (shutterstock.) photo: maciej gorzelinski / eyeem (getty Images) Some call it the "good children's high." children and teens are playing the so-called "shuffle game" — an activity in which they strangle or friends for an instant blow of euphoria — believing it is cheaper, faster, easier and more legal. the game, which goes from many different names, is not new, but in an age of stupid teenage challenges on social media, hospitals are parents of warning about it once again. the most important thing to know: cutting the oxygen supply of the brain, which happens when choking, can be fatal. an organization called G.A.S.P. (game adolescents Shouldn't play) has an album of children who have lost their lives for the activity. Cody, eleven years old, from louisville, kentucky. Jennifer marie, 14-year-old kenosha, wisconsin. nine-year-old isaia of mccordsville, Indian. in the United States, 82 children between 6 and 19 years have died from the choking game1995 and 2007, according to data from Centers for Disease Control and Prevention. Of course, the numbers don't tell almost the whole story. Strangulation deaths are often badly classified as suicide, and no public health databases currently monitor pass activities. And when children claim injuries related to strangulation or self-induced hypocapnia, which may include seizures, cognitive deficits, concussions, bone fractures, tongue bite and eye bleeding, they are unlikely to admit they were playing a game. In a recent story of Time on the suffocating game, supporters report that "the problem can be worsening." It is easy to repel alerts like this – you are still shaking your head in disobedience on Tide Pods and Juuling. I know – but it is important to be aware. Here's what parents should know: What is it? First, the choking game goes from all kinds of names. Here is an incomplete list: BlackoutKnockout Quick Challenge Space Monkey California High Faucet Out Funky Chicken Dream SpeedSuffocation Roulette Flatliner Headrush The exact rules differ. Some children compete to see who can stay under a coke hold and resist passing the longest. Others hold their breath and are punished in the chest by a friend. Some crouch down and try to breathe very quickly to induce hyperventilation, and then either get hugged tightly or pushed in the chest against a wall. Children play in groups or on their own. When alone, they could tremblewith ropes, ropes or scarves. Nowadays, it is all captured on the video and published on social media. What does it feel? As a teenage girl explains in a video that I will not connect here: "Suddenly, the tips of the fingers will feel terrific ... and you will get tingly down. And suddenly, you won't have control. You'll want videotape because you won't remember what you did if it works." According to Erik's Cause, an organization that raises awareness about passing games, two distinct feelings typically occur. The first is dizziness from the lack of blood and oxygen. The second is the blood-brain that runs to the brain. It is the same mechanism of the sexual act taboo of autoerotic asphyxiation, but performed for another purpose. The game is always dangerous, but doing it alone is especially so. "Due to the lack of oxygen, you don't even know that you might have passed out or worse – you're dying," Erik's Cause people say in a video. How quickly is brain damage? It depends on the person—usually, the brain can go up to three or six minutes without oxygen before lasting and irreversible damage occurs. After 10 minutes, a coma is almost inevitable. After 15 minutes, a person is very unlikely to recover any cognitive feature. Why are teenagers doing this? Part of it must do with how their brain is connected. In adolescents, the frontal lobe (where decision-making takes place) is not fully connected. They actually take something.long time to reflect the consequences of certain behaviors, but often in the end decide the benefits exceed the risks. So this is a reason, along with curiosity, to peer pressure and sometimes a real conviction that it is safe. While the average blog reader is rich in intelligent teens who have to... Read more What can parents do? Know the warning signs that your child can be playing the choking game, which include blood eyes, headache complaints, signs on their neck, unusual demands for privacy, or an inexplicable existence of objects such as bungee strings or cheeks. Often, however, there are no signs. Erik Robinson, the 12-year-old boy whose death in 2010 inspired Erik's Cause, died after his first time playing the game. He tried because he wanted to clear his homework. Talk to your children about the dangers of the game without explaining how to play. "You never aim at the neck because if you aim at the neck you are not intentionally showing them how to do it," write Stephanie Small and Judy Rogg, who developed a school intervention program to educate parents, teachers and students on the choking game. They urge parents to teach children how to say no if someone asks them to play. How can I say no? Use humor. "No, thank you, I need all the brain cells I have."Walk away. Go away if people ask you to. Give it a reason. "No, it's stupid and can kill you." Strength in numbers. Get out with the kids who won't. AvoidIf you know the kids who do it, don't go with them The good news about teenagers is that while they do really stupid things, there are ways to minimize unconsciousness. It takes reminders, many of them, to help them make better and safer decisions. decisions.

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