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Beauty books pdf

© 1996-2015, Amazon.com, Inc. or its affiliates Stuck in a beauty rut? Get inspired with our fave books. From makeup and hair tutorials to natural beauty know-how, check out these reads and you'll be a beauty expert in no time! The Glam Guide by Fleur de Force, £14.99 Packed with beautiful illustrations and super useful hair and beauty tips, the debut book by beauty and fashion YouTuber Fleur de Force is the perfect beginner's guide to beauty. With over one million YouTube subscribers and winning Cosmo's Best Vlogger gong two years in the running, Fleur shares all her beauty secrets with us in this lifestyle guide. Whether you want to know how to choose the right foundation for you, how to create the perfect smoky eye or five quick and easy hairstyles, it's in The Glam Guide. Eat Pretty: Nutrition for Beauty, Inside and Out, £10.99 Advocating that beauty begins on the inside and 'we are what we eat', Eat Pretty gives you the lowdown on the beauty boosting foods that should be on your plate. Written by a former beauty editor, this guide tells you which foods you should avoid - the 'beauty betrayers' and which foods and nutrients hold the secret to beauty benefits like glowing skin and gorgeous hair. Including easy recipes and a handy guide to which seasonal foods to shop for, this is a must read if your current beauty regime isn't making you look and feel good. You can pick up your copy from Urban Outfitters. Neal's Yard Beauty Book, £16.99 One for the natural beauty lovers, Neal's Yard Remedies has created the ultimate holistic beauty bible. This book covers everything, from in-depth information about skin and body care to step by step makeup guides. Get creative in the kitchen with pages full of natural skin and hair care recipes to create your own cleansers, face scrubs, conditioner and much more. We love the detailed directory of ingredients to help you understand what beauty benefits you can release from flowers, fruits, herbs and other natural sources. Pretty Honest: The Straight-Talking Beauty Companion, £22 This self-proclaimed 'straight talking beauty companion' talks beauty, without the sugar coating. Written by beauty journalist Sali Hughes and drawing on her 20 years of experience, Sali's fun and chatty style makes beauty that bit more honest. Covering the beauty topics that the books usually skip, including botox, waxing and beauty salon etiquette, this frank and funny guide is at the top of our summer reading list. Bobbi Brown Everything Eyes, £10.99 An entire book dedicated to transforming your peepers, 'Everything Eyes' by world famous makeup artist Bobbi Brown definitely deserves a place on your beauty bookshelf. It's full of useful advice, from the eye brushes and tools you need in your makeup bag to the most flattering looks for your eye shape and colour. Illustrated with gorgeous clear photographs, Bobbi also talks you through how to achieve stunning eye makeup looks following quick and easy steps. Everything Eyes is an especially great read if you wear glasses, with a whole chapter focused on choosing the right glasses and makeup to compliment your frames. Read our chat with Bobbi Brown herself for loads more makeup tips for glasses wearers. Lauren Conrad Beauty, £14.99 You may know Lauren Conrad best as the star of MTV's The Hills reality show, but the popular personality is now making a name for herself in the beauty world! Lauren's self titled book draws on her passion for beauty and years of experience in the public eye to create a go-to guide for looking gorgeous. Including chapters on makeup, skincare, haircare and nails, our fave sections on Lauren's party look will help you recreate her red carpet style. The WAH Nails Book of Downtown Girls, £11.99 If you're a lover of nail art, you need this book from the founder of super cool London nail art salon, WAH Nails. The quirky guide features how tos for 25 designs, ranging from super simple techniques to complex creations for more experienced nail art fans. It's not all about nail art though. The book also includes interviews with some 'downtown girls', making this book an even more interesting read. This content is created and maintained by a third party, and imported onto this page to help users provide their email addresses. You may be able to find more information about this and similar content at piano.io Receba em primeira mão novidades e promoções e concorra a kits exclusivos. FIQUE POR DENTRO E RECEBA NOVIDADES, PROMOÇÕES, KITS EXCLUSIVOS EM PRIMEIRA MÃO.Caderno Beauty Of Darkness Courtesy The best new beauty books are so much more than perfect coffee table fodder: they're also tools to inspire and educate. Whether you'd like to drag yourself out of a make-up rut, curate an efficacious skincare routine or obtain new knowledge on how to lead a healthy lifestyle, there's a beauty bible out there to help.What's more, these beautifully illustrated, informative reads are the perfect opportunity to make the most of time spent at home, packed as they are with advice from the very best industry experts. They'll also make a thoughtful gift to beauty lovers of all ages, who you might be unable to see in person at the moment.Below, see the Bazaar-approved beauty books to invest in now. Advertisement - Continue Reading Below Good Hair: The Essential Guide to Afro, Textured and Curly Hair by Charlotte Mensah Charlotte Mensah is the industry's leading afro hair stylist so it's so exciting that she's decided to collect all her expertise about afro, textured and curly hair and present it within this excellent guide. The book is a collection of the best tips and tricks for those hair types - you are bound to walk away with dozens of techniques you want to try - but it also starts a discussion about the significance of Black hair culturally, something even those with the straightest of hair should read. Great Skin - Secrets the Beauty Industry Doesn't Tell You by Ingeborg Van Lotringen Gibson Square amazon.co.uk £9.52 As a beauty journalist, Inge Van Lotringen is known for her no-nonsense investigative approach to skincare, meaning she is brilliant at cutting through the noise to provide practical advice you should definitely follow. Declaring that there are no 'miracle' products (and she would know with her decades-worth of expertise in the industry), Inge uses her knowledge and relatable tone to help you disprove the biggest skincare myths you probably believe in, replacing them with advice that will actually make your skin healthier. Skincare: The Ultimate No-Nonsense Guide by Caroline Hirons Caroline Hirons' 'straight-talking approach to beauty has won her legions of fans on social media. Taking the same honest tone, it's little wonder her first book has become an instant UK best-seller. With easy-to-follow advice on how to build your own routine, a whole section on decoding products, and commentary on the industry as a whole, Hirons' debut book is the perfect pick for anyone looking for matter-of-fact, expert advice. The Tweakments Guide by Alice Hart-Davis Whether you have questions about botox, fillers, lasers or peels, Alice Hart-Davis has the answers. Known for her frank approach to looking better (not 'done'), she will guide you through what 'tweakment' options there are without bias and, should you wish, help you decide what the best options are for work that even your best friend won't notice. Happy Gut, Happy Mind: How to Feel Good From Within by Eve Kalinik Eve Kalinik is one of Bazaar's go-to sources for health advice because the nutritional therapist's specialism in gut health can transform your body, skin and mind. Her first book Be Good to Your Gut is a great read too and this follow-up focuses on the brain-gut connection, combining practical advice and scientific knowledge with inspiring and 'must have seconds' recipes to boost your mental wellbeing. There's never been a more poignant time to pick it up and give it a read. Palette: The Beauty Bible for Women of Colour by Funmi Fetto The ultimate beauty bible for women of colour is also an important conversation starter about true inclusivity in the industry. In this insightful read, the journalist Funmi Fetto fills in the gaps that for too long have been left vacant when it comes to helping WOC know what hair, skincare, make-up and body products will actually work for them. The Company I Keep: My Life in Beauty by Leonard Lauder This remarkable memoir from the former CEO of The Estée Lauder Companies, Leonard Lauder, provides an insider's look into one of the world's biggest beauty companies, which was set up by Lauder's mother at the family kitchen in 1946. From his childhood during the Great Depression to words that read like a love letter to both the company and his mother, you'll learn so much about what the secret to his success has really been. Plus, there are wonderful details of the company's 26 brands to discover along the way. Making Faces by Kevyn Aucoin Kevyn Aucoin's Making Faces is the classic make-up how-to book. Despite being published back in 1997, sales have soared during the coronavirus lockdown, as people look to experiment with their make-up once again. After all, the legendary artist's advice certainly holds its own today; inside you'll find all the tips and tricks you need to apply every product in your make-up bag flawlessly, from bronzer to lipstick. Blowing My Way to the Top by Jen Atkin The recent vogue for our favourite stylists launching their own books makes for a crowded bookshelf but you will definitely want to be keeping celebrity hairdresser Jen Atkin's one especially close to hand.One of the most influential hair stylists in the industry today, her book is part memoir, part inspirational read and it covers everything from setting up her brand, Ouai, to a behind-the-scenes look into her time styling your favourite celebrities, including the Kardashian-Jenners and Chrissy Teigen. I Am Beauty by Riku Campo A lot of beauty books are targeted at younger women so it's refreshing to see one that focuses on ageless beauty, although while it focuses on specific advice for women over forty, all women would benefit from the written advice of the celebrity make-up artist Riku Campo. It's a celebration of 'ordinary people' with step-by-step advice for routines that suit the different stages your skin might be at, with guidance on at-home massage, make-up tips and interviews with real women who share their beauty secrets. Don't Touch My Hair by Emma Dabiri This seminal text about Black hair transcends appearance to address the massive cultural and social implementations that individuals of all skin tones should acknowledge when it comes to afros, braids and other traditional hairstyling techniques. Using hair as a lens through which the black experience from slavery to social media is addressed, this book is not just for anyone interested in inclusive hairdressing – it's a wonderful and important read for everyone. Glow from Within by Joanna Vargas With celebrity clients including Julianne Moore and Elizabeth Moss, the aesthetician Joanna Vargas knows a thing or two about how to perfect your skin. Inside this book you'll find the secrets to her highly sought-after approach, with specific advice on the five fundamentals of a great skincare routine. Love Your Skin by Abigail James The facialist known for giving her clients the glowiest of skin has recorded all her step-by-step advice in this bedside-table worthy read. With practical solutions to a host of common skincare issues, her message is all about being kind to your skin (rather than despairing about it) – something all of us would do well to remember. Red Lipstick An Ode to a Beauty Icon by Rachel Felder Red lipstick - the ultimate symbol of glamour and confidence - is the subject of an equally beguiling book that explores why rouge lips hold such power and allure. There's also page after page of image-led inspiration that will have you reaching for your favourite shade before you have time to put the pages down. Nailed It by Marian Newman The nail technician Marian Newman is the mastermind behind many of our favourite manicure looks at fashion week and she shares her secrets in this book. It covers everything from her nail kit essentials to step-by-step guides to for recreating her most famous creations. ProMakeup Design Book by Lan Nguyen-Grealis A must-have for individuals dreaming of becoming make-up artists, this books covers everything you need to know about creating looks, alongside striking photography. With 30 face charts included, you can then get hands-on and put your skills to the test. Eat Beautiful by Wendy Rowe With a foreword by Sienna Miller – just one of the celebrities whose face is painted by the make-up artist – this tome perhaps surprisingly doesn't focus on Rowe's enviable prowess with cosmetics. Instead, she shares what she has learned about the food we need to eat for healthier-looking skin (which then makes make-up application easy). The 70 recipes, split into the four seasons, are packed filled with nutrients and are a joy to make. Back Chat Beauty: The Beauty Guide for Real Life Co-hosts of the Back Chat Beauty podcast, Journalist Sophie Beresiner and make-up artist Lisa Potter-Dixon have created a fun yet genuinely informative guide that provides the answers to all your beauty questions – from the basics to a full 'where to shop' list. It's the gift of having a friendly beauty expert on your bookshelf. The Perfume of Gems by Bulgari This story of the gems and spices behind Bulgari's famous Le Gemme fragrances takes readers on an adventurous journey through colour, jewellery and scent using striking visuals and the expertise of the perfume world's most famous noses. The Skincare Bible by Dr Anjali Mahto The internet has done amazing things for the beauty industry, but it does mean there is a lot more conflicting information out there about what your skincare routine should be. Dr Anjali Mahto simplifies the process, by myth-busting product claims and giving clear and simple advice for common skin conditions. Great Hair Days: & How to Have Them by Luke Hersheson Hairstylist to the stars, with a client list that includes Victoria Beckham, Luke Hersheson is a world-renowned hairstylist whose book manages to impart a wealth of hair wisdom without feeling patronising. It's a must to have on your bookcase for when that dreaded bad hair day strikes. Pretty Iconic by Sali Hughes Do you think you know your Estée Lauder Advanced Night Repair from your La Mer Moisturising Cream? This book reveals all the beauty industry's most innovative and successful products, through the eyes of one of journalism's most trusted and entertaining writers, Sali Hughes. Hair by Sam McKnight If you find yourself in a hairstyle rut, this photo book from the hairstylist Sam McKnight is a great source of inspiration. Spanning his whole career, the anthology of looks covers everything from Princess Diana's short, slicked-back style to the evolution of Kate Moss' hair through magazine editorials, so there's something for every hair type and texture. Marco Antonio x Rankin bookdepository.com This celebration of beauty and fashion features the legendary work of portrait photographer Rankin and the make-up artist Marco Antonio. The experimental imagery is a chic addition to the sophisticated art-lover's bookshelf. #No Filter Needed by Camilla Collins bookdepository.com US\$18.02 If you are struggling with a little bit of beauty self-doubt at the moment, look to the make-up artist Camilla Collins' refreshing guide to improving your self-image. Effortlessly combining discussions of mental health with a behind-the-scenes look at how our relationship with our cosmetics might need to change, it's the confidence boost we all need. An Atlas of Natural Beauty by L'Officine Universelle Bully Natural beauty is a serious buzzword right now, but while the names of botanicals – like apricot and olives – are a lot less scary than scientific formulas, you might not actually know what they can do for your skin. This book explains all for eighty ingredients, including how to make your own homemade products. The Makeup of a Confident Woman by Trish McEvoy Liberty London libertylondon.com £20.00 As a renowned make-up artist, Trish McEvoy has spent the past 30 years providing women with solutions to their beauty problems and in her new book she seeks to tackle one of the biggest obstacles for professional women: time. McEvoy will transform what you do and how you see yourself in the mirror. Face Paint: The Story of Make-Up by Lisa Eldridge Make-up as we know it has only been commercially available for the past 100 years, but applying decoration to the face and body may be one of the world's oldest social practices. The make-up artist Lisa Eldridge explores the real history of the subject, from the original materials employed and manufactured to the present and future of make-up. Along with the glamorous trappings, this book is about women, and the ways we can understand their story through the prism of make-up. Perfumes: The A-Z Guide by Luca Turin and Tania Sanchez This fragrance book tells the incredible stories behind perfumes from the last 100 years. It explores signature scents and now-lost masterpieces; the visionaries who conceived them; the wild and wonderful campaigns that launched them; and the women and men who wore them. Every scent has a story behind it, and this book looks at some of the best. This content is created and maintained by a third party, and imported onto this page to help users provide their email addresses. You may be able to find more information about this and similar content at piano.io

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