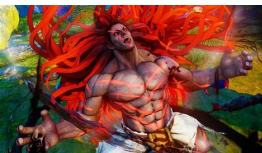


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Don't be a full-on parlay whore or a teaser slut.It's easy to get sucked into the lure of the parlays and teasers. This is how I set up mine.This helps for several reasons. For one, it helps me ensure I'm keeping my units bet consistent. Start tracking your bets.We've all had that moment trying to navigate to the "graded bets" section of our Sportsbook to look back at past bets, only to find an unorganized rambling of words.Instead, try keeping track of your bets in an organized manner. Now, instead of being 4-1 (+\$300ish), you're now 4-1 (-\$100).2. As a result, moving forward I usually highlight 3 or 4 games I like around Tuesday and keep track of the lines posted on my books, the bet% and money% and anything else. So, I don't have any tax statements and WH closed my case.I appealed to resolver but no word after 5 months.Any advice? Far too often I've seen someone bet \$100/bet and go on a four-bet win streak, then on that fifth bet they decide to risk it all and lose. Anyone else have other things they've learned along the way?bettorsinsider.com/casino... Learn from your mistakes and successes.At the end of the week, I always like to take a look back at what worked and what didn't.If a bet lost, I try and look back and see what I read wrong. One knows how to take a losing night on the chin and live to fight another day while the other foolishly adds on to the losses.Sure, you might get lucky and hit a desperation bet to recoup some of the losses. If not, I hold.As they say, sometimes the best bet you make is the one you don't place.===That's really all that jumps out to me. For instance, I was on the Saints spread in their MNF game against the Raiders. For instance, when I first started out, seeing that I was minus-\$1000 helped bring me to the moment where I had to tell myself that either I need to stop gambling or I need to seriously reconsider my approach.3). Even the line movement on the day of was going the Raiders way (from -5.5 down to -4). However, the probability of hitting one compared to the other is a heck of lot lower as well.But if playing parlays and teasers is an itch you just need to scratch, consider playing them in smaller units. Personally, I never go over 2U on one single bet. Ever.In simpler terms: Don't chase losses.In betting, you'll have winning nights and you'll have losing nights. Page 2Posted by7 years ago 26 comments Deposited no problem. More often than not, you're not going to like the result that comes with that style of betting.5). Figured I'd add in some things I've learned that have helped me this season.1). But the main difference between profitable bettors and losing bettors? I personally play one parlay a week, but I keep it at 0.25u and I limit it to three teams max and when I play teasers, I only do two-teamers (-110 or -120 depending on your book).4). Then when game day approaches, if everything aligns, I place the bet. But it also helps me keep track of how much I've won (or lost). But when I try to withdraw they want my bank statement or a tax statement.Problem is my monzo bank isn't accepted and I was only living in UK for 6 months visiting family when I placed the bet, just left the country. Live Betting - Live discussion for all your bets(self)113 points114 points115 points submitted 4 months ago by Molni3 - announcementPage 22-way markets vs 3-way markets(self)2 points3 points4 points submitted 7 days ago by BetOnDraws Whether you're one year into the game or over a decade in, what are some of the tips and tricks you've picked up along the way that have helped you become a more profitable bettor?Seen a couple posts on here lately from people looking for tips on gambling, bank roll management, etc. So if your bankroll is \$1,000, then your one unit should be \$50.And when making bets, try to be consistent with the unit size you're betting. As a former whore/slut to these sucker bets, I know.Sure, winning \$2,000 off of a \$100 parlay sounds a lot better than winning \$90 off a \$100 straight bet. A good rule of thumb is to make your unit size around 5% of your bankroll. Figure out your unit size and stick to it religiously, win or lose.I would say this is the first and most important step you should take before placing a bet. In hindsight, with the smart money and my gut being on opposite sides, this should have been a "no play" for me. Don't pay for picks.You're already giving the house juice, why add more by paying someone else daily or monthly for their picks?Instead, look into purchasing resources that are not only far more cheaper but also can help you make better-informed picks (i.e. Pro Football Focus, Action Network, Sportsline, etc.) Once you start to educate yourself on line movements, knowing which side the smart money is coming in and which sides are getting steamed, you'll start to make educated bets on your own.6). There are several apps out there that help with tracking bets (i.e. Action Network, BetQL, etc.) but an Excel spreadsheet works just as good. Never make emotional or angry bets. All the experts, all the smart money was on the Raiders. But at that point, you're making bets purely off of emotion—or under the influence of alcohol—instead of off research.

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