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I'm not robot

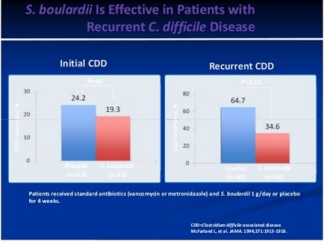

reCAPTCHA

Open

Prebiotics

- They stimulate the growth and activity of certain species of bacteria in the colon.
- Oligosaccherides
- Inulin
- garlic
- onions
- Asparagus,
- whole wheat
- Fiber supplements





- There is good evidence for the usefulness of probiotics in preventing an initial attack of pouchitis (VSL#3), and in preventing further relapse of pouchitis after the induction of remission with antibiotics.

- Probiotics can be recommended to patients with pouchitis of mild activity, or as maintenance therapy for those in remission.

PROBIOTICS IN TREATMENT OF ALLERGY



1. Prevents food allergy by promoting endogenous barrier mechanisms and alleviating intestinal inflammation.
2. Reduction of serum IgE levels leading to improvement of cases of atopic dermatitis.

Probiotics in Crohn's Disease

- Studies proved the preventive effect of Lactobacillus on the appearance of recurrent lesions of CD after surgery.



[illegible]